



## **Precious Blood School**

### **Nutrition & Health Fair**

**March 9, 2010**

Dear Parents/ Guardians,

Our school is excited to be participating in a Health Fair on March 9th in the gym. Research has shown that healthy children come to school ready to learn and perform much better academically. Our Health Fair will be packed with educational information for all grades and will teach the students, parents and school staff lifelong lessons to stay healthy.

Some of the presentations will be:

- UD Athletics
- Dental Care
- 5 Rivers Metro Parks
- Portion Control
- Fruits and Vegetables
- Children's Hunger Alliance

We are looking forward to a fun and healthy day!

Precious Blood Nutrition Services