

Description of Preschool Activities

Free Play - Children have activities available to them. This gives them the freedom to choose.

-Teachers should be at their level interacting with them.

-Children learn respect for learning and play materials.

-Importance of learning to clean up after oneself and each other/working as a team to accomplish a task.

Circle Time -Age appropriate

-Children should be involved in the activities verbally or through hands-on

-Relate activities to the theme

-Use visuals so that children can see, touch, smell, and remember.

-Children should sit no longer than 15 minutes at a time.

-Plan some movement activities during this time.

-Share information about the weather, calendar, days of the week, theme and activities that will follow.

-Total time should be about 20 min.

Large Motor -Children should be encouraged to participate in large motor activities

-Hopping, jumping, running, skipping, balancing, use of balls and bean bags should be incorporated into daily activities.

-Take walks outdoors

-Circle games and games to relax the body

Snack time -Eat and talk to friends in a calm manner

-Discuss the food children are eating (How does it smell, taste, feel?)

-Discuss foods the children like or dislike.

-Teach children how to clean up after themselves and how to use good manners.

Small Motor-Activities during this time should:

Develop small motor skills such as holding a pencil or crayon, cutting practice

Eye and hand coordination such as lacing cards, beads and string, painting

Sorting into shapes, sizes, or colors

Recognizing letters in name, introducing new letters, or numbers

Sensory activities such as the use of water table, puzzles and memory matching games

Language Activities

-This is time to reinforce what the children have learned (theme related, shapes, numbers, etc.)

-Movement activities should be used at this time such as songs, finger play or stories

-Teacher may tell a story using felt boards, large picture books or story tapes

This is a time for closure or review